SCHEDULE 2 - THE SERVICES

A. Service Specifications

Service Specification No:	Appendix 2 to Medium and Low Secure (Adults) specifications C02/S/a and C02/S/b
Service	Forensic Outreach and Liaison Service (FOLS)
	Medium Secure Mental Health Services (Adults) C02/S/a
	Low Secure Mental Health Services (Adults) C02/S/b
Commissioner Lead	For local completion
Provider Lead	For local completion

1. Scope

1.1 Prescribed Specialised Service

This service specification covers the provision of Forensic Outreach and Liaison Services (FOLS) provided from adult medium and low secure services.

1.2 **Description**

- 1.2.1 FOLS are an important and efficient component of the safe pathway from medium and low secure care into the community. They manage and facilitate the transition of high risk individuals with mental disorders through secure services into the community.
- 1.2.2 They provide expert advice, a responsive consultation and a liaison service to other mental health services and relevant stakeholders in the management of these individuals with recognised mental disorders who have offended or are at risk of doing so.
- 1.2.3 Transition from secure services to the community is recognised as a particularly difficult time. FOLS provide ongoing mental health assessment, formulation and treatment to promote recovery and manage individuals with recognised mental disorders and related risks.

- 1.2.4 They provide ongoing care and support for those individuals requiring specialist intervention to address risks as well as their psychological and social care needs, which if these failed would potentially lead to relapse and reoffending.
- 1.2.5 These service users are typically, but not exclusively, subject to MoJ Restrictions and Conditional Discharge, and also include those subject to license conditions with a mental health disorder, Community Treatment Orders (CTOs) and those with no statutory supervision requirements but whose needs indicate a role for FOLS.

1.3 How the Service is Differentiated from Services Falling within the Responsibilities of Other Commissioners

CCGs commission other parts of the pathway, specifically in relation to FOLS CCGs Community Forensic Services and other community mental health and learning disability services

2. Care Pathway and Clinical Dependencies

2.1 Care Pathway

- 2.1.1 The provision of FOLS involves:
 - Facilitation of transition to the appropriate Community Mental Health Team
 - A period of outreach care (including care coordination) by the FOLS from the secure in patient service particularly in respect of the management of risk.
 - Sustained and non-time limited (more than three years) outreach for those service users requiring the specialist risk management and support from the secure in patient service, as part of a sustained, frequently multi-agency, risk management approach.
- 2.1.2 The decision to accept a patient for care by FOLS is based on a comprehensive risk assessment and consideration of how the potential risk and recovery needs identified can be safely and optimally managed, typically as part of a wider multi-agency approach.
- 2.1.3 FOLS are characterised by:
 - specialist knowledge and experience of the MHA and criminal justice processes
 - specialist and multi-disciplinary expertise in risk assessment and management embedded in recovery focused CPA arrangements
 - expertise in the therapeutic use of security
 - close links and protocols with primary and secondary mental health services in regards to transition
 - Strong relationships with relevant stakeholders in Criminal Justice,

Statutory and Third Sector organisations.

- 2.1.4 FOLS will engage with individuals whilst in secure care at the earliest appropriate opportunity in the care pathway and may track individuals through different stages of their pathway before transition into the community.
- 2.1.5 FOLS are provided from secure in patient services, they provide specialist and expert advice on the assessment and management of mentally disorder offenders who pose a risk to others, through:
 - Consultation and liaison to local mental health services in the assessment and management of risk, to avoid where possible admission to in patient secure care or where necessary expedite admission and treatment in in patient secure care to manage risk. Agreed arrangements will be in pace for regular engagement and collaborative working with respective local community forensic or community mental health services, as will a protocol for the safe transition of individuals who no longer require specialist care.
 - Consultation and liaison for MAPPA panels
 - Consultation and liaison to other services, if commissioned (for example, National Probation Service Approved Premises), to reduce the need for admission into secure in patient services, and where appropriate to provide expert advice on their management.
- 2.1.6 FOLS will work as part of a network of services across a geographic area. Local area protocols will be in place to take into account the needs of those discharged from in patient secure care in a particular geographical area. These protocols will include an explanation as to how the FOLS is provided for the respective population.

2.2 Interdependence with other Services

See main specification

3. Population Covered and Population Needs

3.1 Population Covered By This Specification

See main specification

3.2 **Population Needs**

See main specification

3.3 Expected Significant Future Demographic Changes

See main specification

3.4 Evidence Base

See main specification

4. Outcomes and Applicable Quality Standards

4.1 Quality Statement - Aim of Service

The aim of FOLS is to provide timely, safe and effective transition from secure in patient services into the community for those high risk individuals and to provide expert advice to and liaison with other stakeholders in relation to this population

For Outcomes and Indictors see main specification

- 4.3 Commissioned providers are required to participate in annual quality assurance and collect and submit data to support the assessment of compliance with the service specification as set out in Schedule 4A-C
- 4.4 Applicable CQUIN goals are set out in Schedule 4D

5. Applicable Service Standards

5.1 Applicable Obligatory National Standards

See main specification

5.2 Other Applicable National Standards to be met by Commissioned Providers

See main specification

5.3 Other Applicable Local Standards

Not Applicable

6. Designated Providers (if applicable)

Not Applicable

7. Abbreviation and Acronyms Explained

See main specification

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