

Easy
Read

NHS
England

CAMHS Consultation Guide



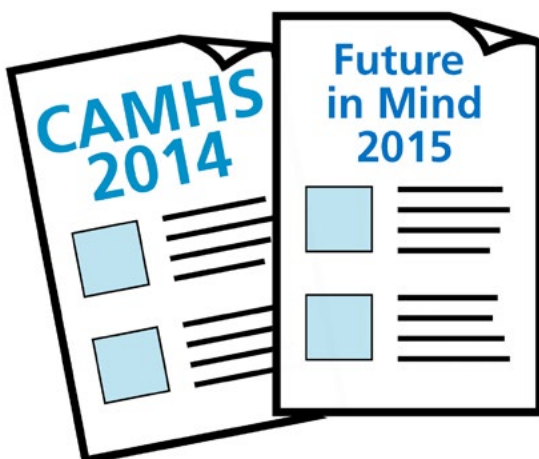
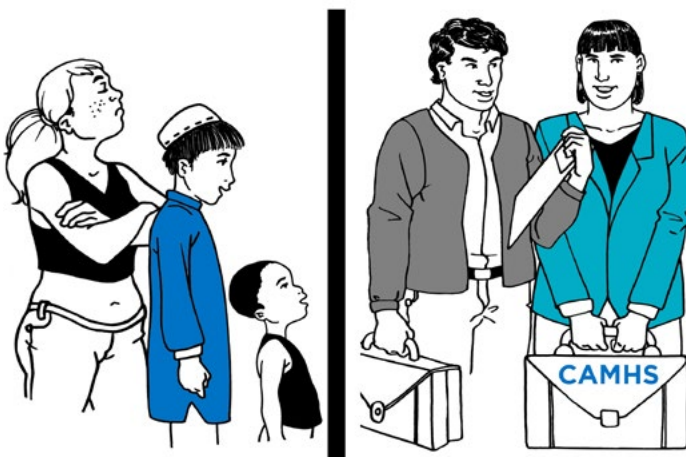
Introduction

1.1 Over the past two years a lot of work has been done to see how child and adolescent mental health services work.

1.2 Since April 2013 NHS England has spent a lot of new money on child and adolescent mental health services (CAMHS).

The review looks at the difficulties children and young people have with using services and what needs to change.

Two reports have come out (CAMHS Tier 4 Services July 2014 and Future in Mind 2015) describing these changes.





Details about what services need to do to change have been written down.

1.3 Across the UK, commissioners who pay for services have put together a service review programme for CAMHS Tier 4 services bringing together the planning information in 5 reports.

- Child and Adolescent Mental Health Services (CAMHS) Local Transformation Plans (LTPs)
- Sustainability and Transformation Plans (STPs)



- Transforming Care for People with Learning Disabilities and/or Autism. This is featured in Transforming Care Partnership (TCP) plans

- The Five Year Forward View for Mental Health

- New care models



1.4 By 2020/21 children and young people will have much better access to high quality mental health care.

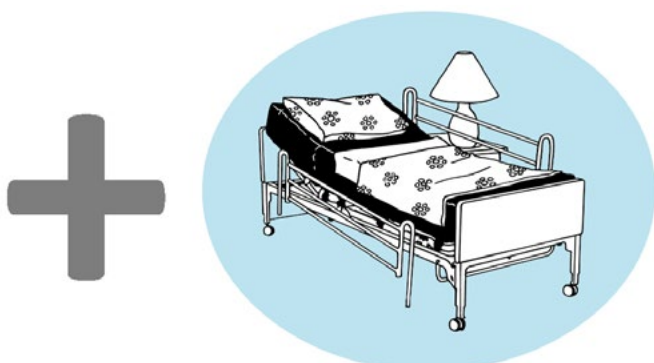
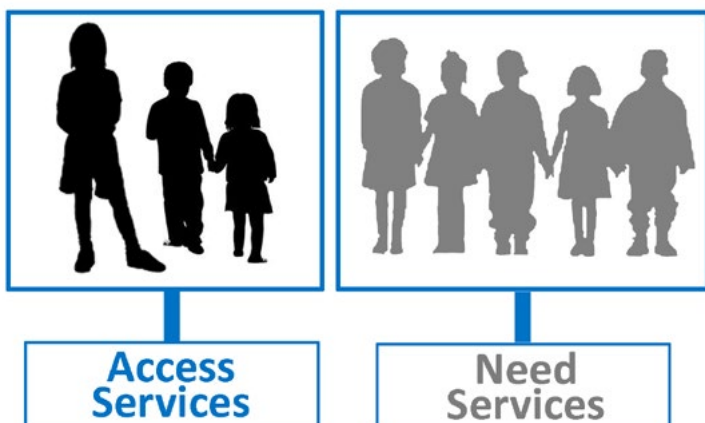
Background

2.1 The CAMHS Tier 4 review in 2014 describes the challenges for children and young people accessing mental health services.

The review looks at how many children needed treatment compared with how many places were available.

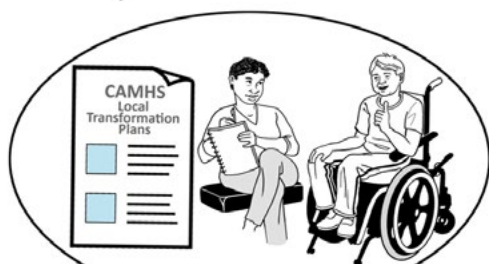
The review showed that in some areas a lot of children were not being treated.

As a result of the review more beds were provided.





2014



March 2016

2.2 After providing more beds in 2014 there was a pause in providing more beds.

After the two reports were released in 2014 and 2015 Local Transformation Plans (LTPs) were made.

These plans help local mental health services make decisions on the care they provide.

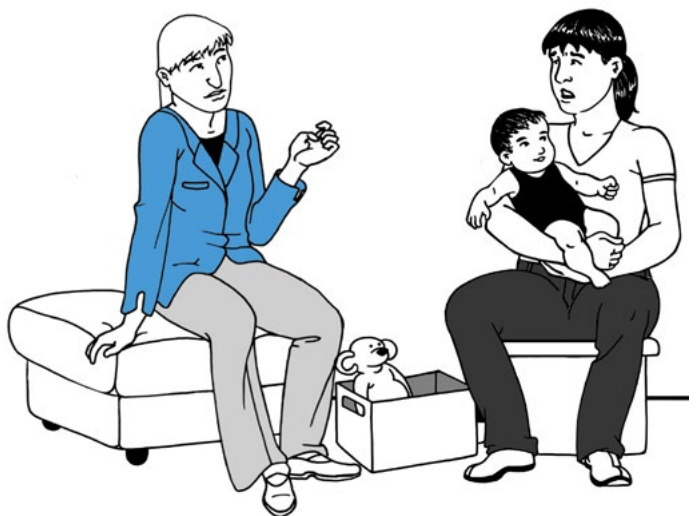
2.3 In March 2016, NHS England set up a wider review of Mental Health Services, including:



- Child and adolescent mental health inpatient services (CAMHS Tier 4)



- Adult medium and low secure services



- Perinatal, inpatient mother and baby units and services for before and after birth.



2.4 The national review shows a need for regional planning and delivery.



The review also shows that decisions on how money is spent should be made locally.



2.5 It is important that the Mental Health Service Review supports mental health strategy and policy. The review should support:



- CAMHS Local Transformation Plans (LTPs)



- Transforming Care Partnerships (TCPs)



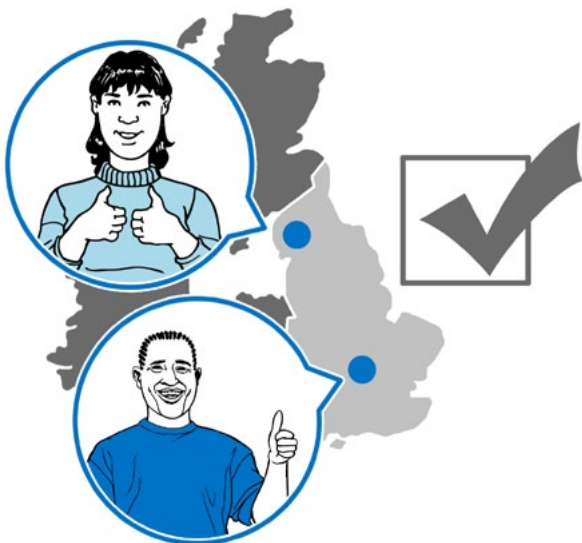
- Sustainability and Transformation Partnerships (STPs)



- New care models for mental health



2.6 The Mental Health Service Review aims to make sure the right services are commissioned where and when needed.



People in the UK should have equal access to services and services should be of the same high quality for all.



2.7 The clinical reference groups are important in detailing the changes that need to be made to services in the review.

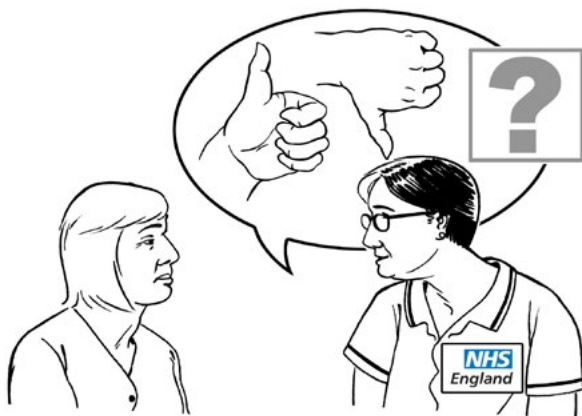


2.8 NHS England is working with local commissioners on all aspects of the review.



It is important that the review is organised at a national level but that changes are made by local teams.

The Proposals



3.1 NHS England wants to ask people about any changes that should be made to services.



Before asking people NHS England has to consider the clinical, financial and service impact of any changes.



NHS
England

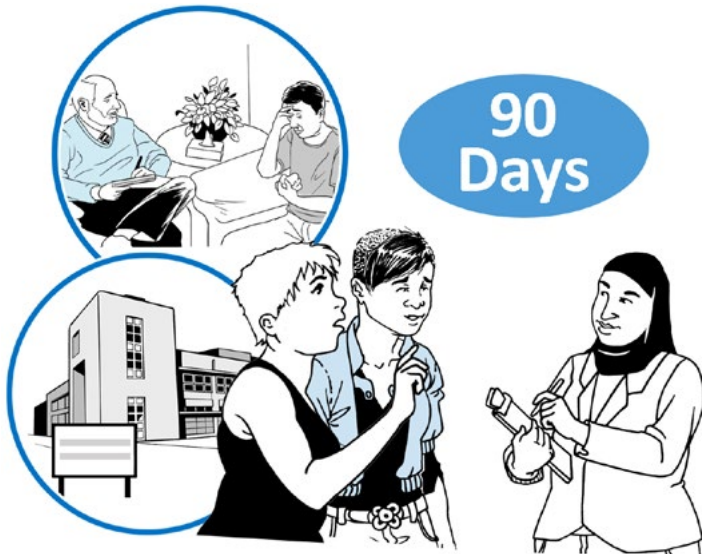


3.2 The aims of asking people are:

- To have children and young people comment on the changes to Child and Adolescent Mental Health Services
- To hear the voice of different groups who are affected by the changes
- To make sure NHS England feeds back the results of patient and public involvement



- To understand how children, young people and parents, and carers would be involved in the future



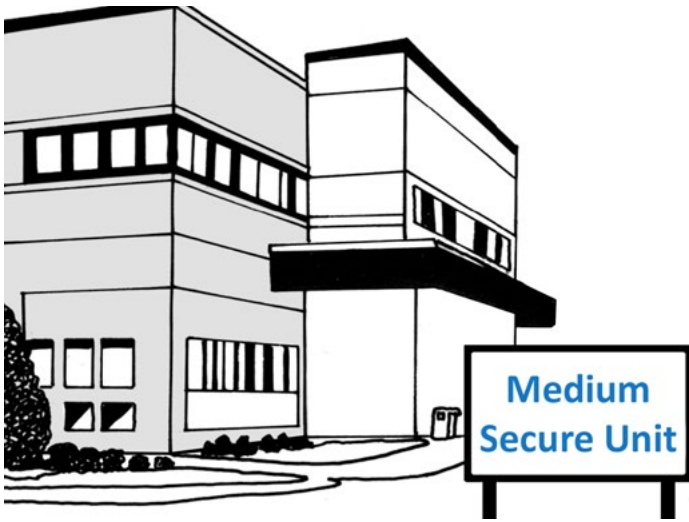
3.3 The process of asking people will take 90 days and includes the following Child and Adolescent Mental Health Service specifications:

- General Adolescent



- Psychiatric Intensive Care Unit





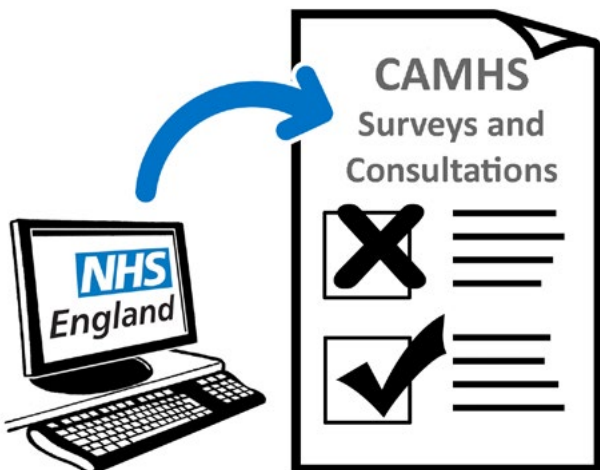
- Medium Secure



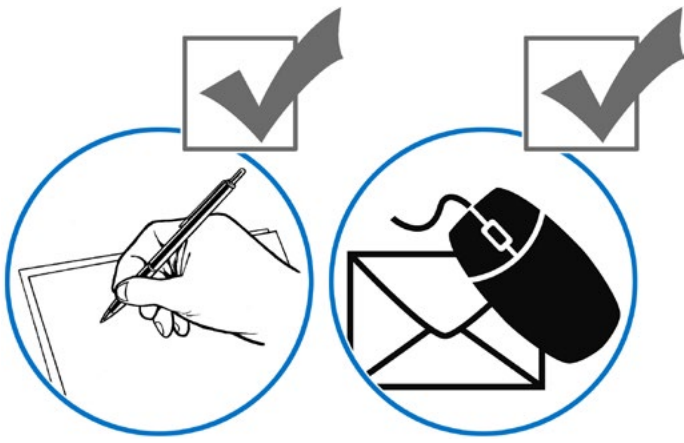
- Low Secure



- Forensic Outreach



3.4 NHS England will use their consultation hub, an online website, to ask people what they think.



NHS
England



YOUNGMINDS

The voice for young people's mental health and wellbeing



YOUNGMINDS



Some responses may come by letter or email.

3.5 NHS England will commission Young Minds to ask people about the changes.

3.6 Young Minds ask people by:

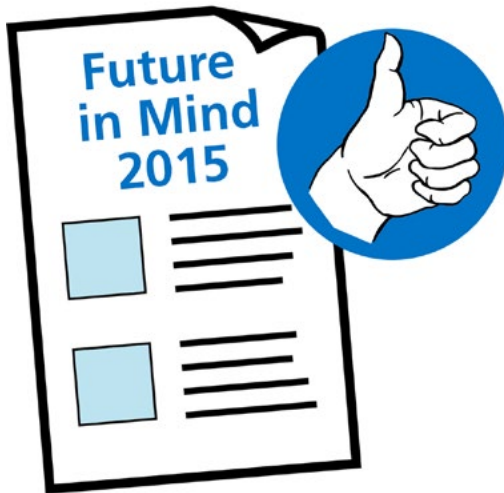
- Having Focus Groups with young people in inpatient services
- Holding individual interviews with young people



- Having workshops with parents, carers, young people and patient organisations all over England
- Running these events with parents/carers and young people who have used mental health services in the last two years

3.7 Before Young Minds ask people for their ideas for making services better some ideas have already come up:

- Speech and Language Therapy assessments must be clearly part of services.



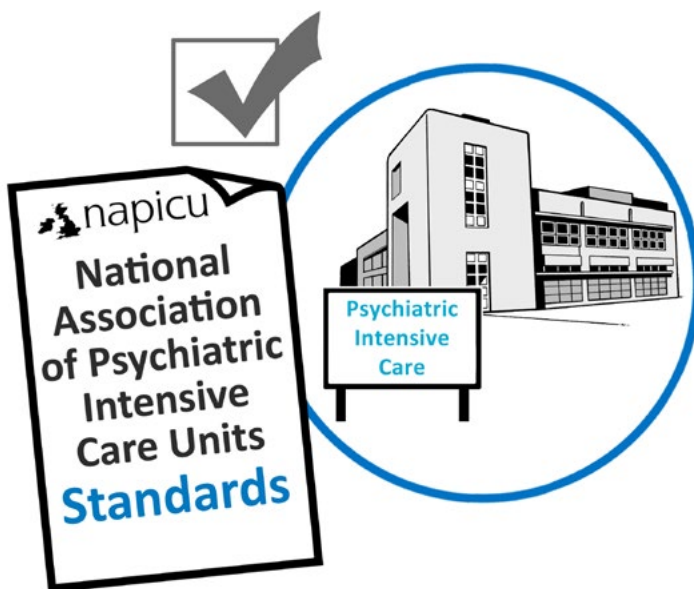
- When a young person has and Education, Health and Care (EHC) plan, or special educational needs, services must be told about it.

- Reference to Future in Mind included in all changes.

- When a young person has extreme behavioural problems and is excluded from school, the reasons why should be made clear to General Children and General Adolescent Services.



- Making sure the entry pathways for the Secure Services are clearly described.



- Making sure the Psychiatric Intensive Care Unit (PICU) changes support the National Association of Psychiatric Intensive Care Units standards.

Changes To Specifications So Far



4.1 NHS England is committed to asking people about any changes to services.

The case for change is as follows:

4.2 General Adolescent – an increased focus on out of hospital care and strong partnerships in community teams and others that support discharge planning.

4.3 Psychiatric Intensive Care Unit (PICU) – New service specification.

4.4 Medium Secure – a greater focus on the whole pathway, and the importance of services working together on how services are organised and delivered.

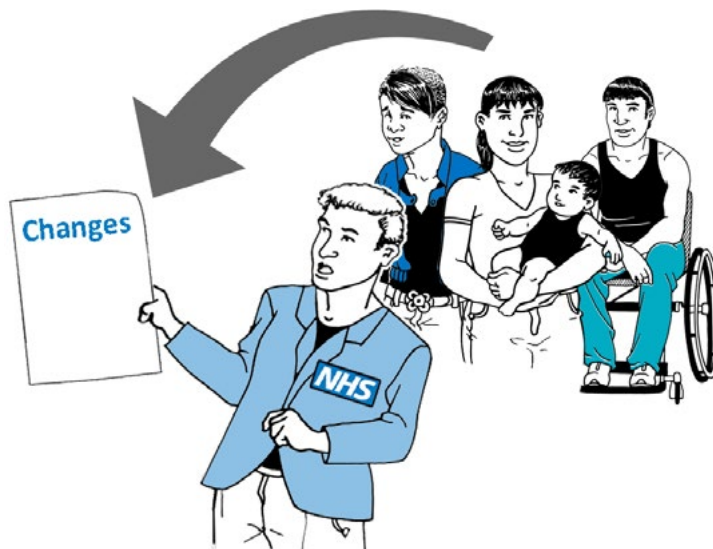
4.5 Low secure - New service specification.





4.6 Forensic Outreach – New service specification.

Why we are consulting



5.1 NHS England wants to make changes in an open way, making sure all changes are informed by as many views as possible.



5.2 We would like to hear from anybody interested in children's mental health inpatient and forensic outreach services.



5.3 NHS England wants to make sure they ask people in the right way using guidance from the Cabinet Office 2012.

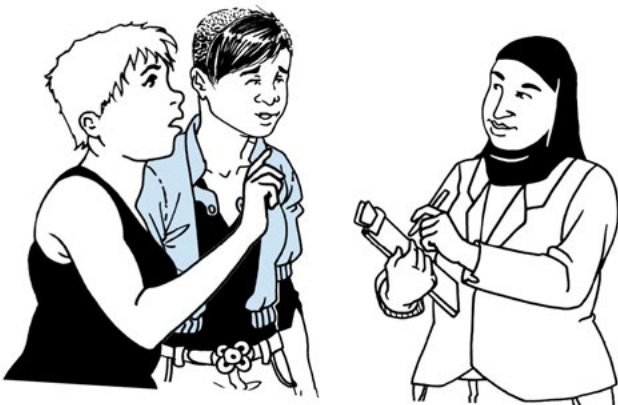


5.4 NHS England wants to be open throughout the process.

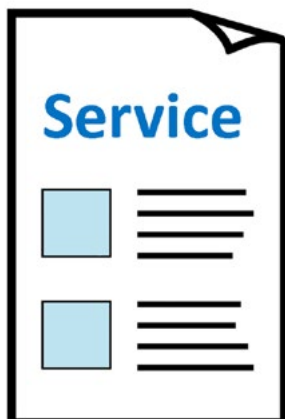


5.5 NHS England wants to promote equality and reduce health inequalities throughout the health service.

Consultation Questions



6.1 When NHS England ask people for their views they will use the following questions:



1

To what extent do you agree that the service document clearly describes the service to be provided?





Please state any areas where you feel the description of services could be improved.



2

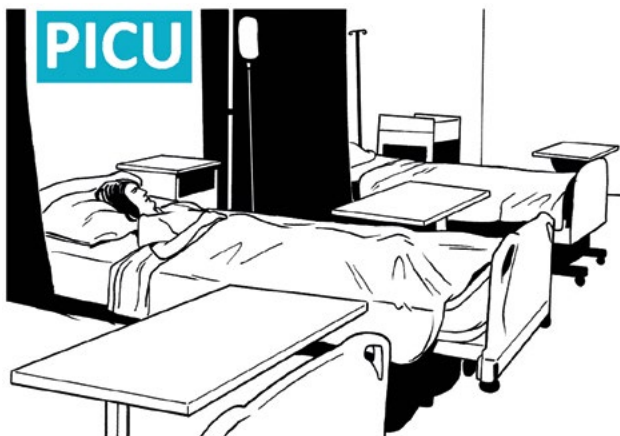
How satisfied are you that all the relevant information for this service document has been included?

Please state any information you feel needs to be included.



3

Please tell us about any parts of the document that are unclear and would benefit from being clearer?



4

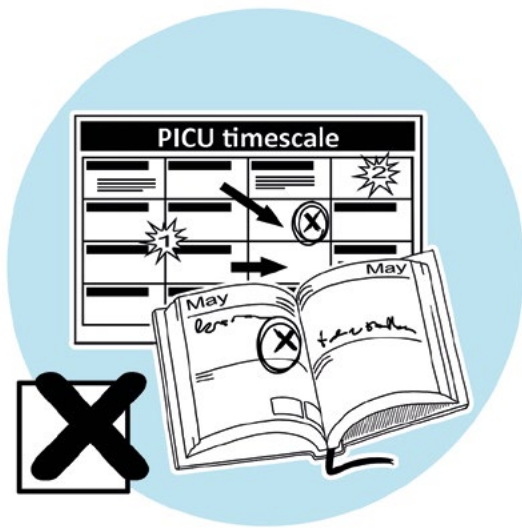
Is it clear that the document represents part of the patient journey?

Please state where you think that the patient journey described in the document is not right.

5

Please tell us about any quality outcomes that you think we should include.

Specific question for the Psychiatric Intensive Care Unit (PICU) document:



6

What do you think about the new length of stay proposed in the new PICU specification?

Views on future service models:

PICU:

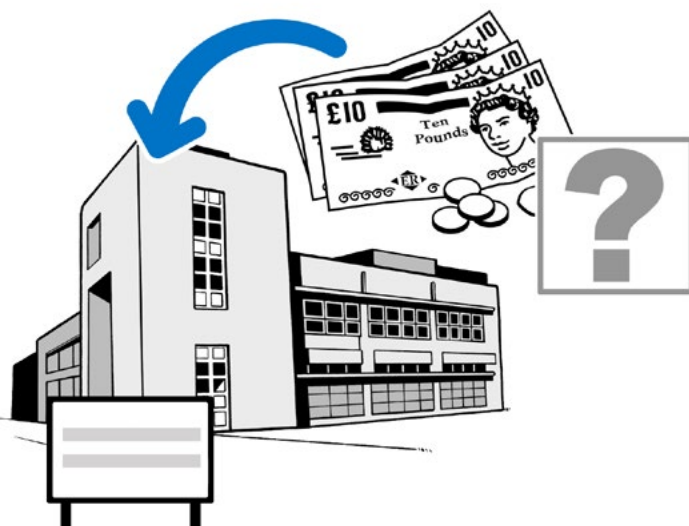
7

7. Do you have any views on whether young people could be managed better in an alternative service to a PICU, for example, in a high care area within a general adolescent service?

General Adolescent

8

Do you feel that NHS England and CAMHS commissioners and CCGS are working together in your local area to make sure that crisis intervention, outreach, and intensive home treatment services are available to meet local needs?





Please say how you think changes in services can help equality and reduce health inequalities faced by services users.

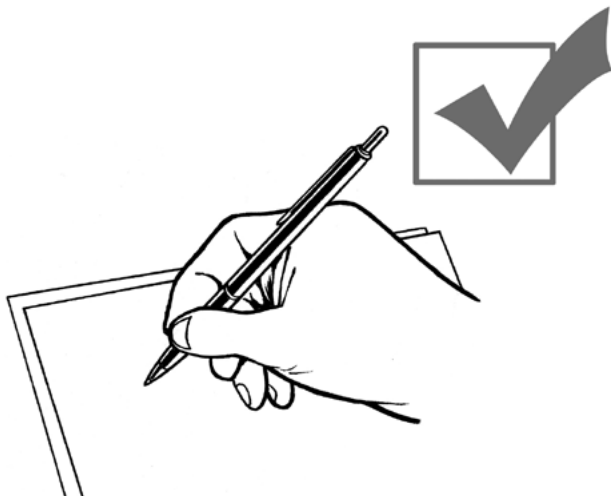
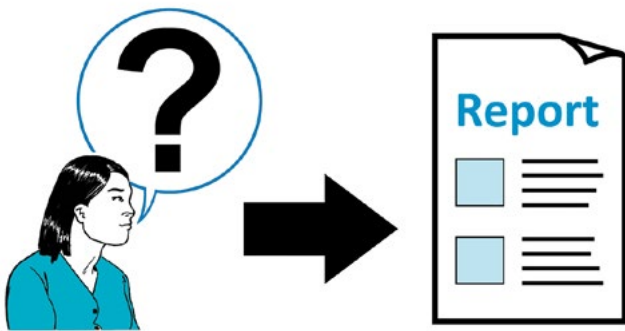


Can you think of any impact on specific groups?



Do you have any other comments?

90
Days



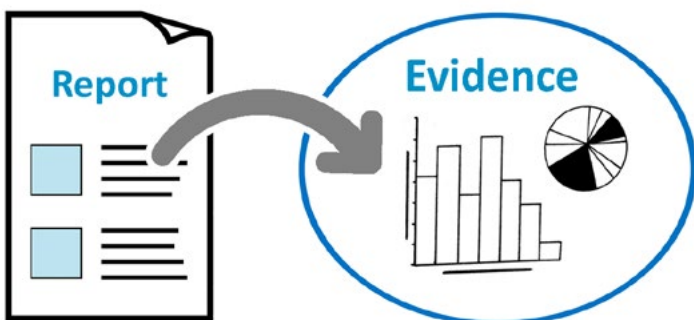
Feedback and next steps

7.1 We will ask people about the changes for 90 days.

7.2 A report will be published containing the outcome of asking people about these changes.

NHS England will commission an independent group to write the report which will contain the feedback of patients, family and carers and healthcare professionals. The report must:

- Be in writing
- Be fair

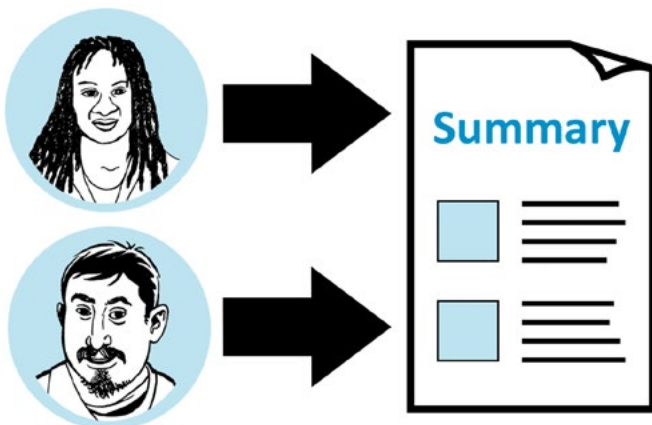
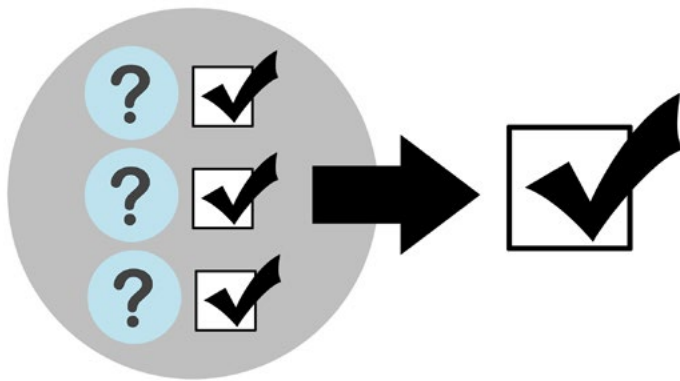
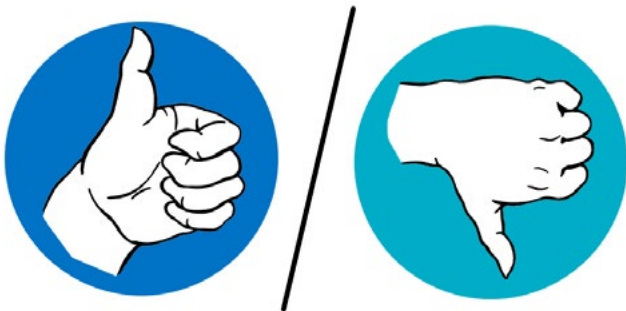


- Be accessible and simple to read for a professional and general public
- Provide a detailed account of what people said about the changes
- Provide independent advice on support or opposition to the changes
- Give evidence to support the conclusions of the report



7.3 The analysis is likely to include:

- Number of responses from professionals and patient groups
- Overall support or opposition for the individual questions asked
- Common themes that come from the answers to the questions
- A summary of responses made by important individual stakeholders





People will want to understand what has happened or changed as a result of giving their views and opinions.



NHS England will give feedback to patients and the public on the results.

This easy read document has
been produced by CHANGE.
www.changepeople.org



Easy
Read



CAMHS Consultation Guide