## MANAGEMENT IN CONFIDENCE



## CPAG Summary Report for Clinical Panel – 1692 Left Atrial Appendage Occlusion for patients with atrial fibrillation and relative or absolute contraindications to anticoagulation

| The | The Benefits of the Proposition                             |                                 |  |  |  |  |  |
|-----|---|---------------------------------|--|--|--|--|--|
| No  | Outcome<br>measures   | Grade of evidence               | Summary from evidence review   |  |  |  |  |
| 1.  | Survival  | Not measured                    | There is a survival benefit among patients having Left Atrial Appendage Occlusion (LAAO) who are able to take warfarin for Atrial Fibrillation (AF), but this has not been directly examined yet in patients who are unable to take anticoagulation. |  |  |  |  |
| 2.  | Progression free survival                                   | There is a survival benefit [A] | The number needed to treat to prevent one stroke/thromboembolic event is 3.  |  |  |  |  |
| 3.  | Mobility  | Not measured                    | N/A  |  |  |  |  |
| 4.  | Self-care   | Not measured                    | But would be maintained in patients who avoided a stroke.  |  |  |  |  |
| 5.  | Usual activities  | Not measured                    |  |  |  |  |  |
| 6.  | Pain  | Not measured                    |  |  |  |  |  |
| 7.  | Anxiety /<br>Depression                                     | Benefit determined [A]          | The Commissioning through Evaluation (CtE) results showed that the greatest benefit from the procedure that was seen was a reduction of anxiety and depression with a non –significant improvement in QOL.   |  |  |  |  |
| 8.  | Replacement of more toxic treatment                         | Benefit determined [A]          | Patients unable to tolerate the standard treatment of oral anticoagulation therefore they remain unprotected from risk of stroke by virtue of having no treatment (a "more toxic" option).   |  |  |  |  |
| 9.  | Dependency<br>on care giver /<br>supporting<br>independence | Not measured                    | N/A  |  |  |  |  |
| 10. | Safety  | Adverse events identified [B]   | There were 25 deaths during the course of the CtE Registry. 19 of the 25 were unrelated to the procedure or its indication.  |  |  |  |  |

| Other | Other health outcome measures determined by the evidence review   |                   |   |  |  |  |  |
|-------|---|-------------------|---|--|--|--|--|
| No    | Outcome<br>measure  | Grade of evidence | Summary from evidence review  |  |  |  |  |
| 1.    | Incidence of thromboembolic event (a blood clot forming and breaking loose causing a blockage of another vessel. A stroke can occur if the blood clot blocks a vessel in the brain) | Grade A           | The CtE evidence showed that there was a lower incidence rate 2.6% (2.2% from Evidence Review). of a thromboembolic event for patients fitted with an LAAO compared to a predicted risk of 6.8% -9.8% (reference needed) per year.  |  |  |  |  |
| 2.    | Quality of life (QoL) i.e. The patient's ability to enjoy normal life activities  | Choose an item.   | QoL was measured at baseline and at follow up (6 weeks, 6 months, 1 year and 2 years) using the EuroQol system (EQ-5D-5L), converted to utility scores. The median baseline utility was 0.82. This improved to 0.85 at both 6 weeks and 6 months and reduced slightly to 0.84 at one and two years. Improvements were not statistically significant. However, it should be noted that LAAO is not a treatment for symptoms. It is a secondary prevention therapy to protect against future harm. The CtE results showed that the greatest benefit |  |  |  |  |

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|    |   |                 | from the procedure that was seen was a reduction of anxiety and depression.   |
|----|---|-----------------|---|
| 3. | Ischaemic event<br>(an inadequate<br>supply of blood<br>to an organ or<br>part, as from an<br>obstructed blood<br>flow) | Choose an item. | The observed CtE 'any ischaemic event' rate was 2.6 per 100 patient years (see No. 1). This represents a relative risk reduction of 40 to 70% compared to medical therapy alone expected from historical data |
| 4. |   | Choose an item. |   |
| 5. |   | Choose an item. | X   |
|    |   | QUIO!IC         |   |