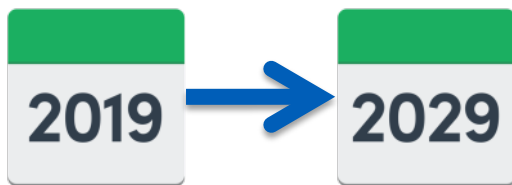


# Planning for the next 10 years of the NHS

A guide to help your discussions



The NHS is making a plan for the next 10 years of the NHS

We are working with people and families, staff, partners and public to get the plan right

This document will help everyone think about the same big questions



# Planning for the future



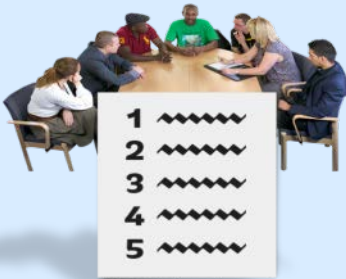
The NHS was 70 years old in 2018. The NHS has had to change a lot in that time. Now the government is giving extra money to the NHS.

This money will help the NHS keep changing for the next 10 years.



The NHS needs to decide how services will change and improve over the next 10 years.

We have extra money for the next 5 years to help with those plans.



We want everyone to have a say about how the NHS should change.

We are holding meetings with lots of different people.



You can also take part online at <https://www.engage.england.nhs.uk/consultation/developing-the-long-term-plan-for-the-nhs/>

The closing date for online feedback is 30 September 2018.

# The main parts of the plan



We are asking 3 big questions. These questions will help us with the overall plan.

There are 3 different parts to the planning. Each part has different questions.



The 3 big questions are:

1. What beliefs or goals will help the NHS make the right choices?
2. What good local examples should happen across England?
3. What is getting in the way of better NHS care and treatment?



The 3 parts of the planning are about:



1. Giving people the right care at different stages of their lives
2. Improving in particular areas, such as cancer treatment
3. Putting the right things in place for NHS services to improve.

# 1. Giving people the right care at different stages of their lives



This part of the planning is about how we help everyone have better health and wellbeing. The plan will be about every stage of people's lives, from birth to old age. For example:



## **Mother and child health:**

1. How can we improve maternity care?
2. And reduce the number of babies and children who die?
3. How can we improve care for children who are ill or have disabilities?
4. And tackle the increase in children's weight and mental health issues?



## **Staying healthy:**

1. How can the NHS help people live longer, healthier lives?
2. How can the NHS reduce health problems linked to people's lifestyles?
3. And make this part of everything we do?



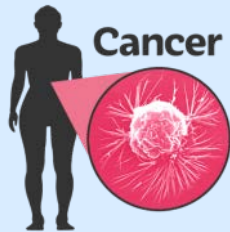
## **Helping people age well:**

1. What will help people stop health problems from getting worse?
2. What will help older people stay well and avoid the need for hospital stays?
3. How can we better involve people and carers in end of life choices?

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Website [www.england.nhs.uk](http://www.england.nhs.uk)

## 2. Improving health and care in particular areas



### Cancer services

1. What is the top priority – 5 years and 10 years on?
2. What will help to improve prevention, care, treatment and quality of life?
3. How can we make sure that everyone has the same access to cancer care?



### Services for heart and lung health

1. What is the top priority – 5 years and 10 years on?
2. How can we reduce heart and lung disease, and related conditions?
3. And improve treatment?



### Mental health services

1. What is the top priority – 5 years and 10 years on?
2. What more is needed to fill gaps in care?
3. What are the main challenges?



### Learning disability and autism services

1. What is the top priority – 5 years and 10 years on?
2. What will help people lead healthier, independent lives in the community?
3. How can we improve people's access to and experiences of health care?

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# 3. Putting the right things in place for NHS services to improve



This part of the planning is about what is needed to make sure that services are available and can improve. For example:



## **Primary care, such as GPs:**

1. How can we help people have more control over their care and health?
2. How can GPs and pharmacists can work better with hospitals and others?
3. What other professionals are needed?



## **NHS staff:**

1. What sort of staff do we need and how many?
2. How can we help staff drive change?
3. How should we look after our NHS staff and help them stay well?



## **Research, information, online:**

1. What things need the most research?
2. How can we help patients feel sure that their information is only used to improve theirs and others' care?
3. What will make it easier for people to use online health systems?

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